

# 8 maxims for enjoying life and work

Are you ready to leave a lasting impression on the world?



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To make a lasting impression, first you need a personal and work life that fills you with joy and satisfaction. Here are eight principles for fulfillment.

By [Pablo Maella](#)

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The 2022 book, [La verdadera felicidad](#) (available in Spanish), by Pablo Maella, Senior Lecturer of Managing People in Organizations at IESE.



<https://www.youtube.com/embed/xwIAMLYqLfi?feature=oembed>

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