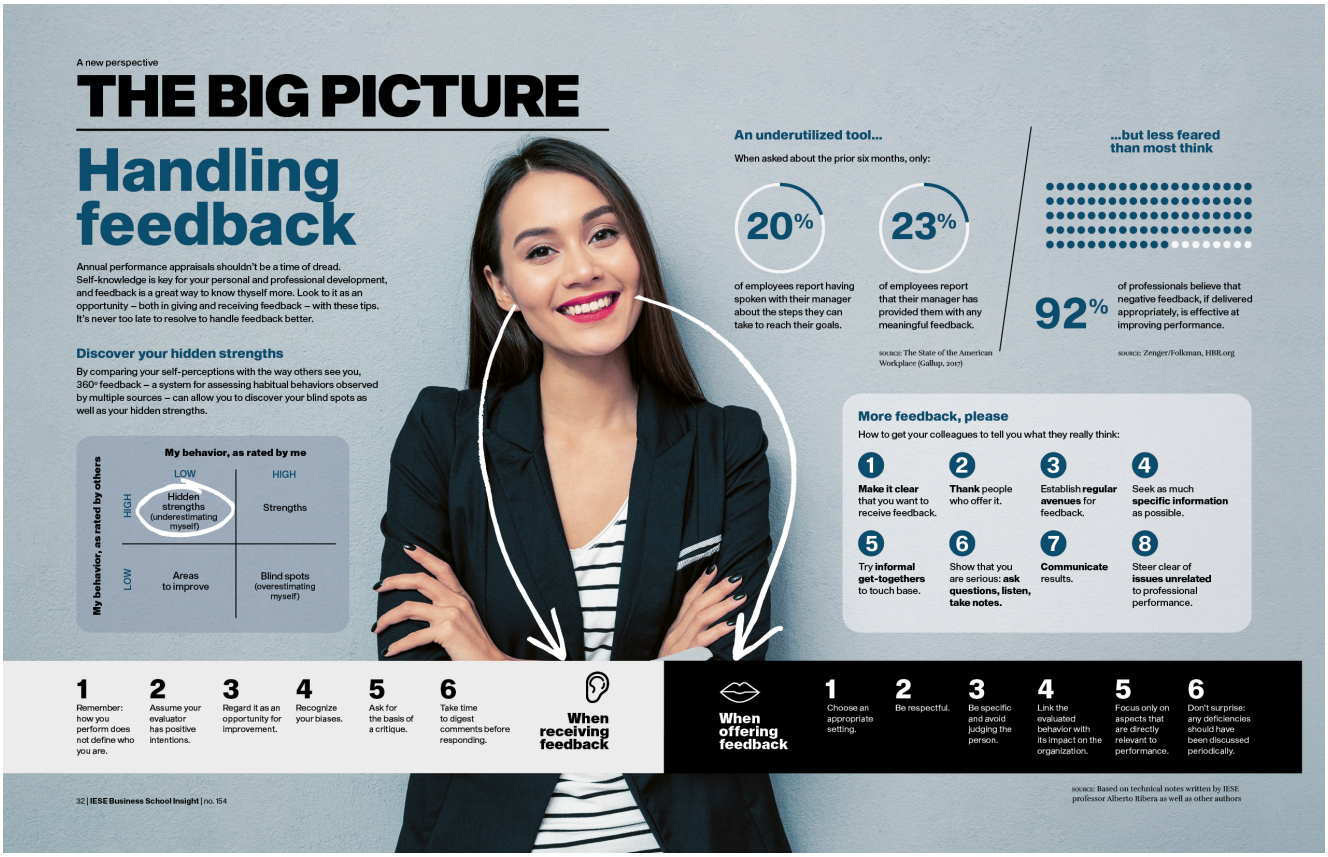
The Big Picture: Handling Feedback

Annual performance appraisals shouldn't be a time of dread. Self-knowledge is key for your personal and professional development, and feedback is a great way to know thyself more. Look to it as an opportunity -- both in giving and receiving feedback -- with these tips. It's never too late to resolve to handle feedback better.



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